

Alternative Medicine Directory for Dayton, Columbus and Cincinnati.

DAYTON AREA

Name and Address	TYPE of Therapy	Contact info
The Centerville SALT Room 65 S Main St Centerville, Oh 45458	Halotherapy and Massage	937-681-3428 www.thesaltroommessage.com
Water of Life Naturopathic Vanessa Edwards, NMD 4421 Salem Avenue Dayton Ohio	ACUPUNCTURE	(937) 275-9473 http://vedwardsnd.com/whatisacupuncture.htm
Acupuncture Miami Valley 6303 North Main Street Dayton, OH 45415	ACUPUNCTURE	Email weili@acupuncturemiamivalley.com (937) 277-5989 http://www.acupuncturemiamivalley.com/services.html
Ayurveda Natural Health Center 1342 N Fairfield Rd # B Beavercreek, OH 45432	AYURVEDA	(937) 429-9355 http://www.midwestayurveda.com/
Health Source of Kettering R. V. Zimmer, DC 2436 East Dorothy Lane Kettering, OH	CHIROPRACTOR	Email drvzimmer@sbcglobal.net (937) 294-1484 http://www.drzimmer.com/Chiropractic.html
Howell Chiropractic Inc Dr. Shawn Howell 1311 East Stroop Road Kettering, OH 45429	CHIROPRACTOR	(937) 558-2824 http://www.howellchiro.com
Loechinger Chiropractic Clinic Richard Loechinger Suite 150, 7740 Washington Village Dayton Ohio	CHIROPRACTOR	(937) 434-8700 http://www.drloechinger.com/what-is-chiropractic/
Wilmington Pike Chiropractic 4770 Wilmington Pike Kettering, Ohio	CHIROPRACTOR	(937) 433-5154 http://www.wilmingtonpikechiropractic.com/
Borst Chiropractic 100 Corry Street Yellow Springs, OH	CHIROPRACTOR	(937) 767-2733
Poelking Chiropractic Wellness & Physical Therapy, Inc. Dr. T.J. Poelking 2660 Woodman Center Court Dayton, OH 45420	CHIROPRACTOR	(937) 299-2900 http://poelkingchiropractic.com/
Holistic Bodyworks 314 Dayton St, Yellow Springs, OH	Doula	(937) 767-5077

Perinatal Education Associates 8235 Old Troy Pike #280 Dayton Ohio	Doula	(937) 312-0544 http://www.birthsource.com/scripts/whoarewe.asp
My Life Direction Center Dr. Edythe Kidd-Okwilagwe Dayton Ohio	Hypnosis	(937) 262-9912 http://mylifedirection.com/?p=15
Essential Mind Hypnosis Jeannine Sanderson-Phenis 304 NW Deerfield Rd Union City Ohio 45390	Hypnosis	jeannine_sanderson@hotmail.com 765-546-3230
Associates In Healing, LLC Mary Beth Lodge 7740 Washington Village Drive Dayton, OH	Hypnosis	(888) 942-1021 http://www.lastinglifestylechange.com/
Rainbow Touch Clinical Massage Anita Foster 5563 Far Hills Avenue Dayton Ohio	Massage	(937) 609-1993 http://www.rainbow-touch.com/
Centerville Reflexology Center Diana Dayton 30 West Rahn Road Dayton, OH	Reflexology	Email dianadayton@yahoo.com (937) 438-5555 http://centervillereflexology.com/
Sri Yoga Center 813 Leo Street Dayton, OH 45404	Yoga	Email:info@sriyogacenter.com (937) 222-7482 http://www.sriyogacenter.com/#!vstc9=page02
Practice Pilates Yoga Nutrition 5575 Far Hills Avenue Dayton Ohio 45429	Yoga	Contact pprzyborowski@gmail.com (937) 432-9399 http://www.pilatesdayton.com
Practice Yoga LLC 504 East 5th Street Dayton, OH 45402	Yoga	Info info@practiceyogadayton.com (937) 321-7676 http://practiceyogadayton.com/web/
Inner Dance Yoga Center 2600 Far Hills Ave # 306 Dayton Ohio 45419	Yoga	Email info@innerdanceyoga.com (937) 609-9642 http://www.innerdanceyoga.com/
Joga Somatic Arts 1524 East Stroop Road Kettering, OH 45429	Yoga	Contact jogroth@jogasomaticarts.com (937) 672-4962 http://jogasomaticarts.com/default.aspx
OM Yoga Studio 140 Stonemill Road Dayton Ohio 45409	Yoga	Email info@theyogastudio.us (937) 299-7756 http://www.theyogastudio.us/
A Healing Bridge, Red Oak Therapy 4756 Fishburg Road, Suite H Huber Heights, OH 45424	Mental Health Holistic Approach	937-235-2282 Services storytime@myhealingbridge.com
Anne M Miller, DO psychiatrist	Holistic Medical Practices	Phone: 937-432-0766 Fax: 937-432-0768

private practice

Email: transformation4healing@yahoo.com

7755 Paragon Road Suite 109
Dayton, OH 45459
United States

James Barry, MD, ABIHM,
DAAMA

Providence Medical Group

Holistic Medical Practices

Phone: 937-885-0701

Fax: 937-885-0702

Email: docbarrylive@hotmail.com

70 Remick Boulevard
Springboro, OH 45066
United States

Jeff Reichardt, MSN
Nurse Practitioner
The Community Clinic At
Baton Rouge

Holistic Medical Practices

Phone: 419-331-2273 x 112

Fax: 419-331-2205

Email: galahadd@aol.com

2440 Baton Rouge Avenue
Lima, OH 45805
United States

COLUMBUS AREA

Type	Name / Address	Contact info
Acupuncture	Advanced Acupuncture Center David Dehui Wang R.Ac 955 Worthington Woods Loop Road Columbus Ohio 43085	Email dhwang88@yahoo.com (614) 888-6888 http://www.wangacupuncture.com/
	NAET and Acupuncture Clinic Catherine Ho Lani J. Lee 3208 North High Street Columbus, OH 43202	email: lanijlee@yahoo.com phone: (614) 374-2508 email: cho.acu@gmail.com phone: (614) 354-1156
	Acupuncture Healing Clinic Zhang Hailing MD 3800 North High Street Columbus Ohio 43214	Email: info@acupuncturehealingclinic.com (614) 267-3800 http://www.acupuncturehealingclinic.com/
	Beechwold Clinic Inc 4191 North High Street Columbus, OH 43214	Email acupuncture@beechwoldclinic.com (614) 262-1308 http://www.beechwoldclinic.com/index_files/Page427.htm
Chiropractor	Arlington Acupuncture Clinic Thomas E. Turpen, DOM, R.Ac. 1560 Fishinger Rd. Columbus Ohio 43221	(614) 451-7246 http://www.acupuncture-painfree.com/turpen.html
	Spine and Sports Family Chiropractic Dr. Kevin Kemp 4000 Indianola Avenue Columbus Ohio 43214	(614) 573-7746 http://www.spinesportchiro.com/
	Hilltop Wellness & Chiropractic Scott C Gosselin, DC 2527 West Broad Street Columbus, OH 43204	(614) 279-2525 http://www.hilltopwellness.com/default.aspx
Fitness	Fitness & Nutrition Center 803 Bethel Road Columbus, Ohio 43214	(614) 459-2378
Holistic Services	Beechwold Clinic Inc 4191 North High Street Columbus, OH 43214	(614) 262-1308 http://www.beechwoldclinic.com/index_files/Page427.htm
	Inner Connections 1196 Neil Avenue Columbus, OH 43201	(614) 299-7638 http://www.innerconnect.biz/
Message	Essentials Therapeutic Massage and Bodywork 1200 W. Fifth Avenue, Suite 106 Columbus Ohio 43212	(614) 488-8012 http://www.essentialstmb.com/services
	Advanced Therapeutic Massage Ben Brooke, LMT, MA 808 North High Street	(614) 431-5944 http://www.brookebodyworks.com/about-me

Worthington, OH 43085

	Peace and Good Things Massage Therapy 1350 5th Avenue Columbus Ohio 43212	Email relax.and.heal@peaceandgoodthingsmassage.com (614) 725-0253 http://peaceandgoodthingsmassage.com/home.php
	Inner Connections 1196 Neil Avenue Columbus, OH 43201	(614) 299-7638 http://www.innerconnect.biz/massage.html
Quantum Touch	Intentional Transformation Barbette Spitler RN, BSN, CHTP, ATP®, QTP, EMPI Clayon, Ohio	937-836-9933 barbette@barbettespitler.com
Reiki	The Reiki Center 1540 West 5th Avenue Columbus Ohio 43212	(614) 486-8323 http://www.thereikicenter.net/
SPA	Open Sky Day Spa Massage & Skin Care 1334 West Fifth Ave Columbus Ohio 43212	Email appointments@openskydayspa.com (614) 486-4520 http://www.openskydayspa.com/massage.html
YOGA	V Power Yoga Julie Verhoff Pipes 240 N 5th St # 380 Columbus Ohio 43215	(614) 228-9642 http://www.vpoweryoga.com/studio.php
	Grow Yoga 1780 West 5th Avenue Columbus, OH 43212	Email info@growyogacolumbus.com (614) 487-9642 http://www.growyogacolumbus.com/
	Center For Wholeness 3408 Indianola Avenue Columbus, OH 43214	Contact cfwoh@googlegroups.com (614) 784-8488 http://www.cfwohio.org/
	WiseWays 1520 West 1st Avenue Columbus, OH 43212	Contact wisewayswords@gmail.com (614) 488-3041 http://wiseways.net/index.html
	Ashtanga Yoga Ohio Columbus, OH	Email ashtanga@yogaohio.com (614) 859-9642 http://www.yogaohio.com/
	Yoga Directions Columbus, OH	Info beaker@yogadirections.com (614) 975-3414 http://www.yogadirections.com/
	Om for Mom Columbus Ohio	Info omformom@gmail.com (614) 557-9524 http://www.omformom.com/
	TUPACO 122 Tibet Road Columbus, OH 43202	Email jessica@tupaco.com (614) 323-3851 http://tupaco.com/
	Yoga-Well-Being 889 Williams Avenue #102 Columbus, OH 43212	Contact YogaWellBeingOhio@gmail.com (614) 432-7553 http://www.yoga-well-being.net/
HOLISTIC Medical Practices	Clinic for Integrative Medicine at OHIO STATE UNIVERSITY 2000 Kenny Road, Columbus, Ohio	614-293-9777 http://www.medicalcenter.osu.edu/patientcare/healthcare_services/integrative_medicine/Pages/index.aspx

43221.

Hari Sharma, MD, DABIHM, DABP, FCAP,
FRCPC
OSU Integrative Medicine
2000 Kenny Road
Columbus, OH 43221
United States

Phone: 614-293-9777
Email: sharma.2@osu.edu
Website: http://www.abihm.org/amember/mini_webpage.php?memberid=1173

Kathi J Kemper, MD
Director for Integrative Health and
Wellness
Ohio State University Medical Center

Phone: 614-366-2366
Fax: 614-366-3463
Email: kathi.kemper@osumc.edu

1581 Dodd Dr.
503 McCampbell Hall
Columbus, OH 43210
United States

Barbara Singer, DO, CCT
owner
Willow Wellness Center LLC

Phone: 740-756-4800
Fax: 740-756-4816
Email: barbarasingerdo@gmail.com

4773 Caroll Cemetery Road
Carroll, OH 43112
United States

CINCINNATI AREA LIST

TYPE	Name / Address	Contact info
Acupuncture	Natural Healing Arts Eastgate 4578 East Tech Dr, Suite 206 Cincinnati Ohio 45245	Phone: (513) 528-2900 http://www.petersheng.com/
	Chinese Acupuncture Center 7650 Piney Meadow Ln., Cincinnati, OH 45244	Email: mjiang@acupunctureohio.com Phone: (513) 231-1152 http://www.acupunctureohio.com/
Chiropractor	Reinshagen Chiropractic 5975 Glenway Avenue, Cincinnati Ohio 45238	Telephone: 513.451.4500
	Queen City Spine & Rehab 3557 Springdale Road, Suite B Cincinnati, Ohio 45251	513.407.3453 http://www.qcspine.com/Services.html
Doula	Gould Chiropractic Wellness Center 9707 Kenwood Road Cincinnati, Ohio 45242	Email: ed@gouldchiropractic.com Telephone: 513-791-8110 http://gouldchiropractic.com/
	Kristin Paulus: Childbirth Educator and Doula	Phone: 513-722-5678 Email: rkrpaulus@juno.com

	Eileen Ryan, Birth and Postpartum Doula	Home: 513.891.3388 Email: earthymama@juno.com
	Anna Sherwood, Birth Doula	Phone: 513-328-5525 Email: earthmother.anna@gmail.com
	Hypnosis	
Hypnosis	Dell Alba Carolyn 10979 Reed Hartman Hwy # 120 Cincinnati Ohio 45242	(513) 886-7054 Counseling, Hypnotherapy, Holistic Medicine
	Mchenry Sherry 5400 Kennedy Ave Cincinnati, OH 45213	(513) 924-5329 Hypnotherapy, Holistic Medicine
	Tri-State Hypnosis Center 4030 Mt Carmel Tobasco Rd Suite 219 Cincinnati, OH 45255	p: 513 943-1444 http://www.tri-statehypnosis.com/
Massage	Mantra Massage and BodywoRx 4675 Cooper Road Cincinnati Ohio 45242	Email info@mantramassageandbodyworx.com (513) 891-1324 http://www.mantramassageandbodyworx.com/services.asp
Quantum Touch	Celeste Feingold Quantum Touch Practitioner and Instructor 12180 Kenn Road Cincinnati, Ohio 45240	513-633-3535 cfeingold@aol.com
SPA	Inner Peace Holistic Center 708 Walnut, Suite 100 Cincinnati, OH 45202	Phone: 513.784.0403
	Avalon Salon and Aesthetic Day Spa 3848 Paxton Rd Cincinnati Ohio 45209	513-533-1700 http://www.avalonss.com/
	Holistic Health Center-Cincinnati 800 Compton Rd Ste 24 Cincinnati Ohio 45231-3846	PHONE: 513-521-5333 Yoga, Acupuncture, Chiropractor, Homeopathic, Chinese Medicine. Reiki, herbal, neuromuscular, fax: 513-521-5334 http://www.holistichealthnow.com/home
Yoga	Cincinnati Yoga School 6125 Ridge Avenue Cincinnati Ohio 45213	Contact info@cincyoga.com (513) 247-9642 http://www.cincyoga.com/
	Move Your Hyde Power Yoga 3500 Michigan Avenue Cincinnati, OH 45208	Email yoga@moveyourhyde.com (513) 321-1999 http://www.moveyourhyde.com/
	Yoga ah studio 4046 Hamilton Avenue, Cincinnati Ohio	Email info@yogaahstudio.com (513) 542-9642 http://www.yogaahstudio.com/
	YoudoYoga 1319 Main Street Cincinnati, OH 45202	Contact Mail@YouDoYoga.com (513) 258-2002 http://www.youdoyoga.com/
	Balance Yoga 3302 Westbourne Drive Cincinnati Ohio	Info dawn@cincinnatiyogastudio.com (513) 347-9642 http://www.cincinnatiyogastudio.com/

The Breathing Room Pilates andYoga 2128 Madison Road Cincinnati, OH	Contact email.us@thebreathingroom.com (513) 291-3569 http://www.thebreathingroom.com/
Main Street Yoga 1201 Main Street Cincinnati, OH	Email INFO@MAINSTREETYOGA.BIZ (513) 703-4175
yogahOMe Mariemont 7457 Wooster Pike Cincinnati, Ohio 45227	Email: mariemont@yogahome.net Phone: 513.561.YOGA (9642)
yogahOMe Oakley 3215 Brotherton Rd. Cincinnati, Ohio 45209	Email: oakley@yogahome.net Phone: 513.871.YOGA (9642)
Joyful Life Yoga Community Center 1601 Main Street Cincinnati, OH	Info SherryJoy@JoyfulLifeYoga.com (513) 861-9642 http://www.joyfullifeyoga.com/ABOUT.html
Moksha Yoga Cincinnati 3527 Columbia Parkway Columbia Square building A Cincinnati, OH, U.S. 45226	Email: info@mokshayogacincinnati.com Phone:513.321.YOGI (9644)
Elemental OM 9510 Montgomery Road Cincinnati, OH 45242	Contact elementalom@mac.com (513) 315-5042 http://www.elementalom.com/
The Light Body Studio 274 Senator Place, Cincinnati, Ohio, OH	Email jen@thelightbodystudio.com (513) 379-1020 http://www.thelightbodystudio.com/jen-painter/bio.html
The Yoga Bar 825 Main St, Cincinnati, OH	Connect yogabarcincy@gmail.com (970) 274-4402 https://sites.google.com/site/yogabarcincinnati/
Lynne Carroll's Yoga Studio 5736 Springdale Rd Cincinnati Ohio 45247	Connect scarroll3@cinci.rr.com 513 518 2066 cell http://www.lynnesyogastudio.com/home.htm
Hal Blatman, MD, DAAPM, ABIHM Medical Director Blatman Pain Clinic 10653 Techwoods Circle, Suite 101 Cincinnati, OH 45242 United States	Phone: 513-956-3200 Fax: 513-956-3202 Email: hblatman@iac.net Website: www.blatmanpainclinic.com
Stephanie Hunstad, MD, ABFM Family Physician Western Family Physicians 3425 North Bend Road Cincinnati, OH 45239 United States	Phone: 513-853-4900 Fax: 513-853-4909 Email: stephaniehunstad@yahoo.com
Alliance Institute for Integrative Medicine 6400 East Galbraith Road Cincinnati, OH 45236	Phone: 513-791-5521 http://www.myhealingpartner.com/Our_Team

Holistic Medical
Practices

U. Of Cinci

Center for Integrative health and wellness at the U. of C.	513 558 WELL sian.cotton@us.edu http://med.uc.edu/integrativehealth.aspx
UCHealth Physicians 7675 Wellness Way, Suite 400 West Chester, OH 45069	513 475 9567 http://uhealth.com/services/integrative/contact-us/
